



# Get back to civilian life with CalFresh

Get money for fresh food to keep your family healthy



You may be eligible for CalFresh if you meet these core requirements:

## INCOME

You fall within the income threshold for your household size:



**Household:** Your "household" is the number of people you buy and share food with.



**Example:** If you live with two roommates, but you buy food and cook for only yourself, your household size is one. If you split the cost of groceries and share meals together, your household size is three.

Eligibility requirements continued on back.

Get help with your CalFresh application today.

## Did you know?

You may still be eligible for the CalFresh program even if you receive other VA benefits.



### ELIGIBILITY REQUIREMENTS (continued):

You can be eligible even if you:



**Receive other benefits:** You may still be eligible while receiving income from Social Security, VA benefits, Unemployment, Disability, or GI Bill as long as you meet all other eligibility criteria and your income does not exceed the CalFresh limits. Your local CalFresh expert can guide you with reporting military income.



**Have personal assets:** You may be eligible even if you earn income from a job or own a home or car as long as all other eligibility criteria are met and the amount of money you receive does not exceed the CalFresh income limits.



**Are unmarried and/or do not have kids:** CalFresh is for everyone meeting the eligibility guidelines—regardless of marital or family status.

Rules can vary by county, so be sure to check with your local health or social services department.

<https://calfresh.dss.ca.gov/food/officelocator>



Learn more about CalFresh  
at [CalFreshFood.org](https://CalFreshFood.org)

